



1a

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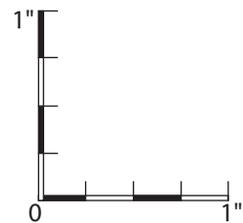
WITH MARTHA PULLEN

## *Patterns & Templates*

**Oct/Nov 2013, Issue #150**

Lacy Sailor Dress by Gail Doane:

- Collar pattern
- Sleeve pattern
- Skirt Right Front Pleat Template
- Finishing Instructions



Please use this scale to verify that you are printing at 100%

# 1b

## LACY SAILOR DRESS BY GAIL DOANE SKIRT AND FINISHING INSTRUCTIONS

### SKIRT BACK PLACKET

1. Fold skirt back in half and mark a 4-inch line down center back. Cut one 2-inch(w) x 5-inch (l) rectangle of fusible interfacing. Fuse to wrong side of skirt back directly over marked slash line. Slash along line through both fabric and fused interfacing. This helps stabilize placket area especially when working with silk (fig. 1).
2. Cut placket strip 1¾ (w) x 8½ inches (l).
3. Right sides together and working with skirt side up, straight stitch (L=1.5) placket to skirt using a 1/8-inch seam allowance. When you get to within 1 inch from lowest slash point, decrease stitch length to 1.0 and allow skirt seam allowance to decrease down to almost nothing at lowest slash point. Keeping sewing machine needle down, pivot slightly at lowest slash point and proceed stitching up

other side, increasing stitch length to 1.5 and keeping seam allowance at 1/8 inch (fig. 2).

4. Press under ¼ inch on remaining placket edge. Press seam allowance toward placket.

5. Place folded edge of placket just over seamline from Step 3. Working from wrong side, topstitch right next to folded placket edge through all layers (fig. 3).

6. Flip placket to inside with right sides of placket facing together. Stitch diagonally across lower end of placket (fig. 4).

7. Fold under an additional ½ inch on right side (only) of skirt placket. This additional fold realigns center back of skirt to center back of bodice.

### SKIRT SIDE SEAMS

French seam skirt front to skirt back taking out a total of 3/8 inch for each seam

allowance. Press encased seams toward skirt back. When working with silk, it is helpful to use a zigzag stitch (W=2.0; L=1.5) for first stitching pass to help reduce possibility of raveling.

### SOFT PLEATING SKIRT FRONT AND BACK

*TIP: The silk dupioni does not gather up very nicely across the width. While the skirt can be gathered and attached to the bodice, I chose an alternate method of soft pleating the skirt to fit the bodice, eliminating the need for gathers.*

1. Refer to skirt pleating templates (found on centerfold) to mark skirt front, right skirt back (lap side), and left skirt back (under lap side) for soft pleating. All pleats fold away from center front or center back. On skirt back, keep right skirt back placket pinned in place with

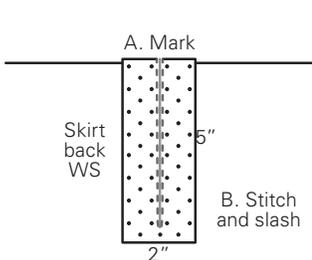


FIGURE 1

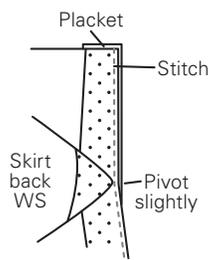


FIGURE 2

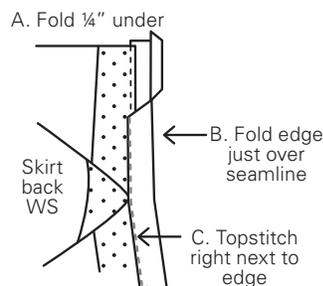


FIGURE 3

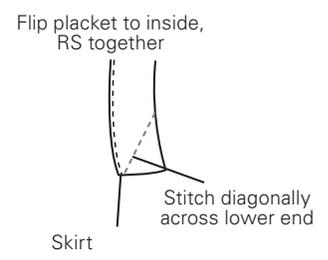


FIGURE 4

# 1c

additional ½-inch fold in place. Start measuring to mark pleats from that point. On left skirt back, start measuring for pleats at finished placket edge.

**2.** Use pins to mark beginning point and end point of each pleat. Pin pleats securely in place. Depending on size, it may be necessary to adjust two pleats closest to side seams up or down a bit in depth. Use bodice front and bodice back pattern pieces to check that finished pleated width of skirt front and two skirt backs will fit actual bodice. Try to force last pleat closest to side seam on all pieces to end at side seamline of bodice even if it makes it necessary to adjust depth of last one or two pleats closest to side seams. Soft pleating is not an exact science – don't worry if all the pleats are not a perfect uniform depth. The lace/organza belt covers over seamline between bodice and skirt.

**3.** Finished pleated dress front and dress back.

## **ATTACHING SKIRT TO BODICE**

**1.** Right sides together and raw edges even, pin pleated skirt to bodice, matching center fronts, side seams and finished placket edges to foldlines on bodice backs. Take care to keep bodice lining out of way.

**2.** Stitch using a ½-inch seam allowance. Stitch a second time ¼ inch away in seam allowance and trim all layers close to second stitching line.

**3.** Fold under ½-inch on lower edge of bodice lining and press. Hand sew bodice lining in place encasing seam allowance. Lower raw edge of front inset is also folded under and encased in this seam.

## **HEM FINISH**

*NOTE: The 1-inch tuck, machine-sewn hem requires a 6-inch hem allowance.*

**1.** Fold under 4 inches on lower edge of skirt; press. Fold under ¼-inch along raw hem edge, machine stitch 1/8 inch from top edge of hem.

**2.** Fold under hem again, this time 4¾ inches; press. To form tuck, stitch 1 inch from folded edge. The raw edge of hem is encased in this tuck. Press tuck down toward lower edge of skirt.

## **FINISHING UP**

**1.** Make four horizontal buttonholes on right bodice back in marked positions. Use a piece of Stitch 'n Tear held on backside of fabric for stability when stitching buttonholes. Remove Stitch n' Tear when buttonholes are completed. Cut buttonholes open.

**2.** Stitch size 18 buttons to corresponding positions of

left bodice back along center-back line.

**3.** Make one horizontal buttonhole on each cuff in marked position. Use 'Stitch 'n Tear as above. Stitch a button in place in corresponding position on underlay side of cuff.

**4.** Hand tack center point of an 18-inch length of 5/8-inch-wide silk satin ribbon to bottom of "V" on front inset.

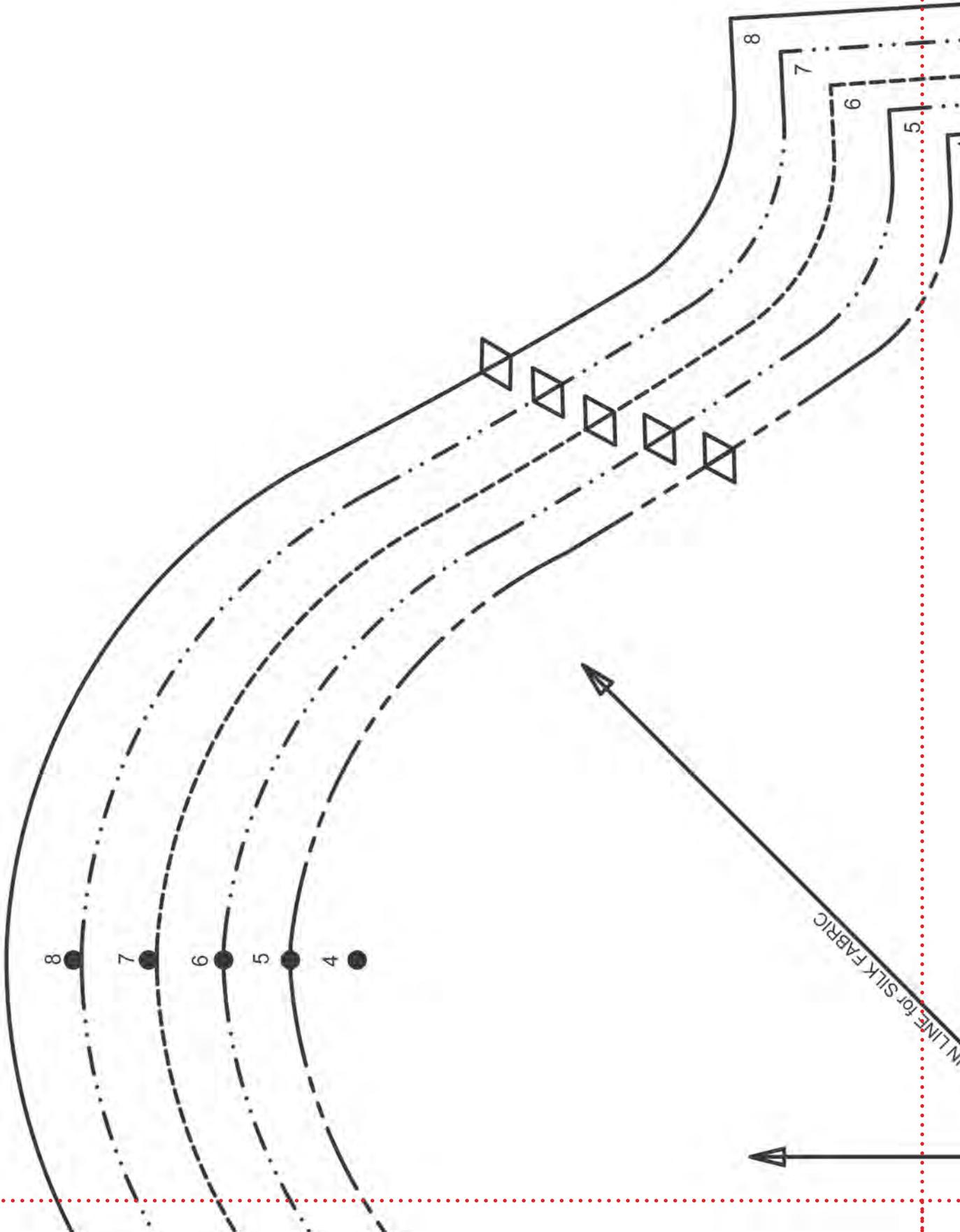
**5.** Stitch a 1-inch mother-of-pearl button (with large open holes) in place over hand-tacked ribbon.

**6.** Draw ends of ribbon through holes of the button and tie in a bow. SB

1d



2b



2c

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LACY SAILOR DRESS

by Gail Doane

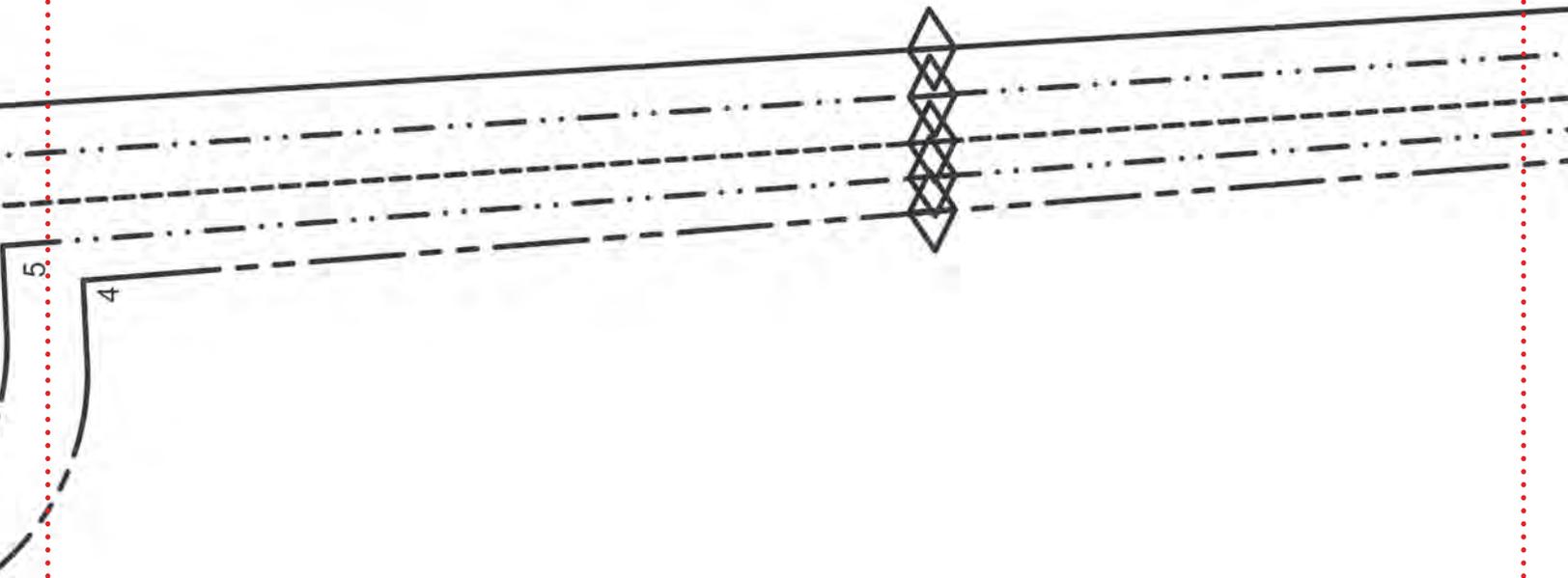
SLEEVE

cut 2 Fabric

cut 2 Silk Organza

1/2" (1.3cm) seams allowed

5

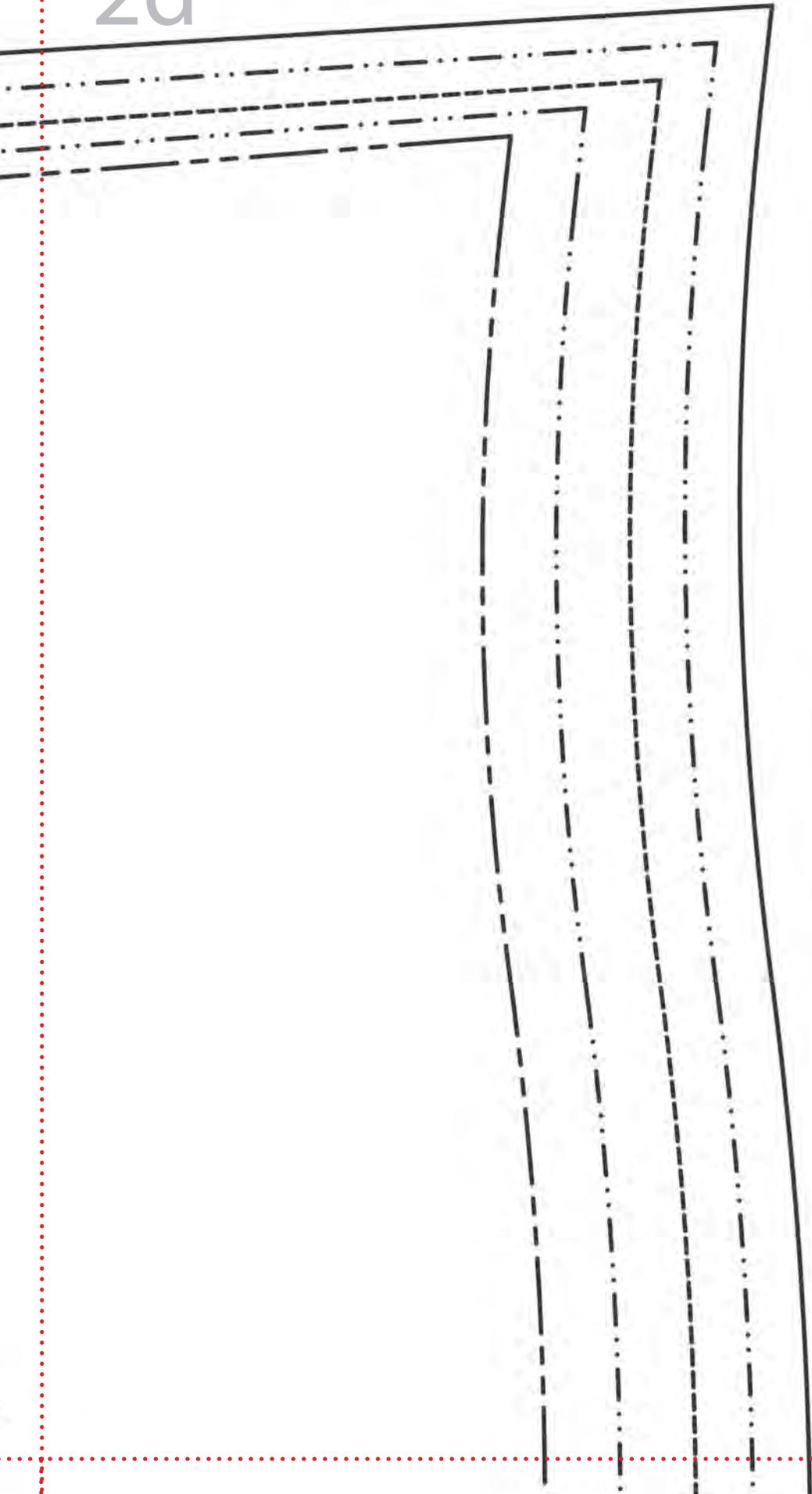


GRAIN LINE for S

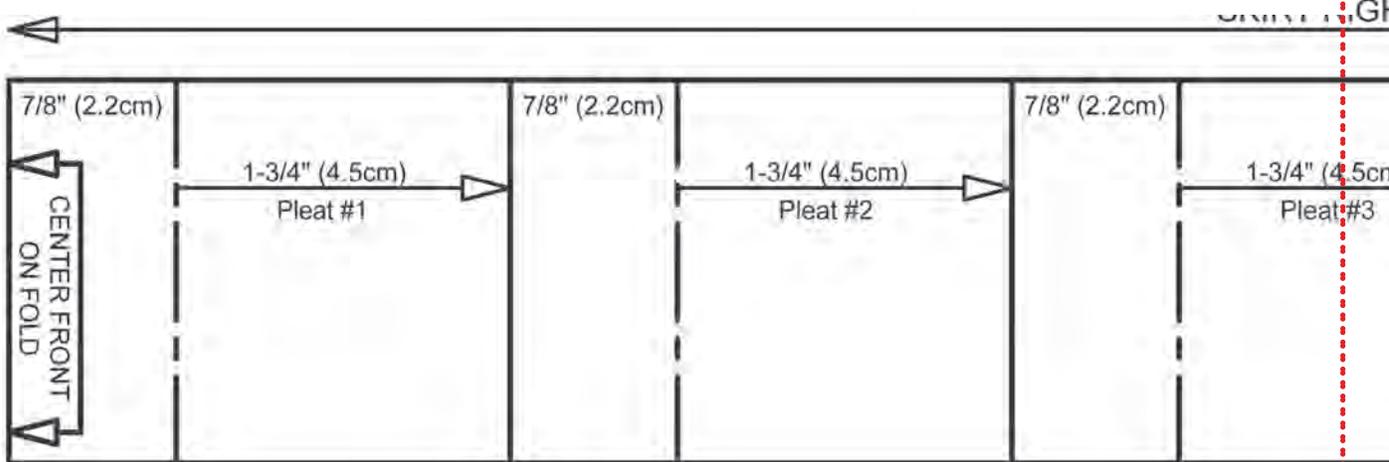
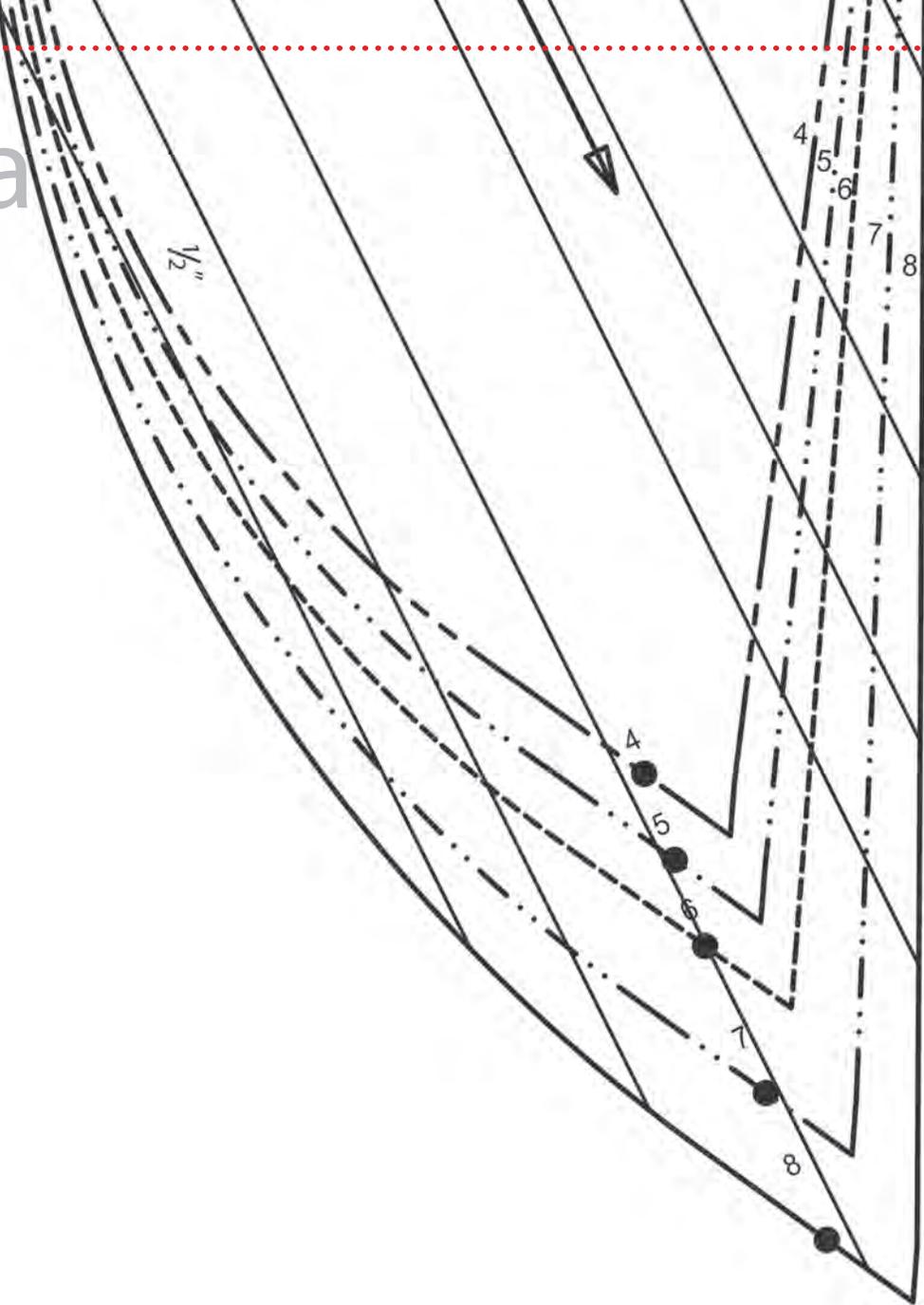
GRAIN LINE



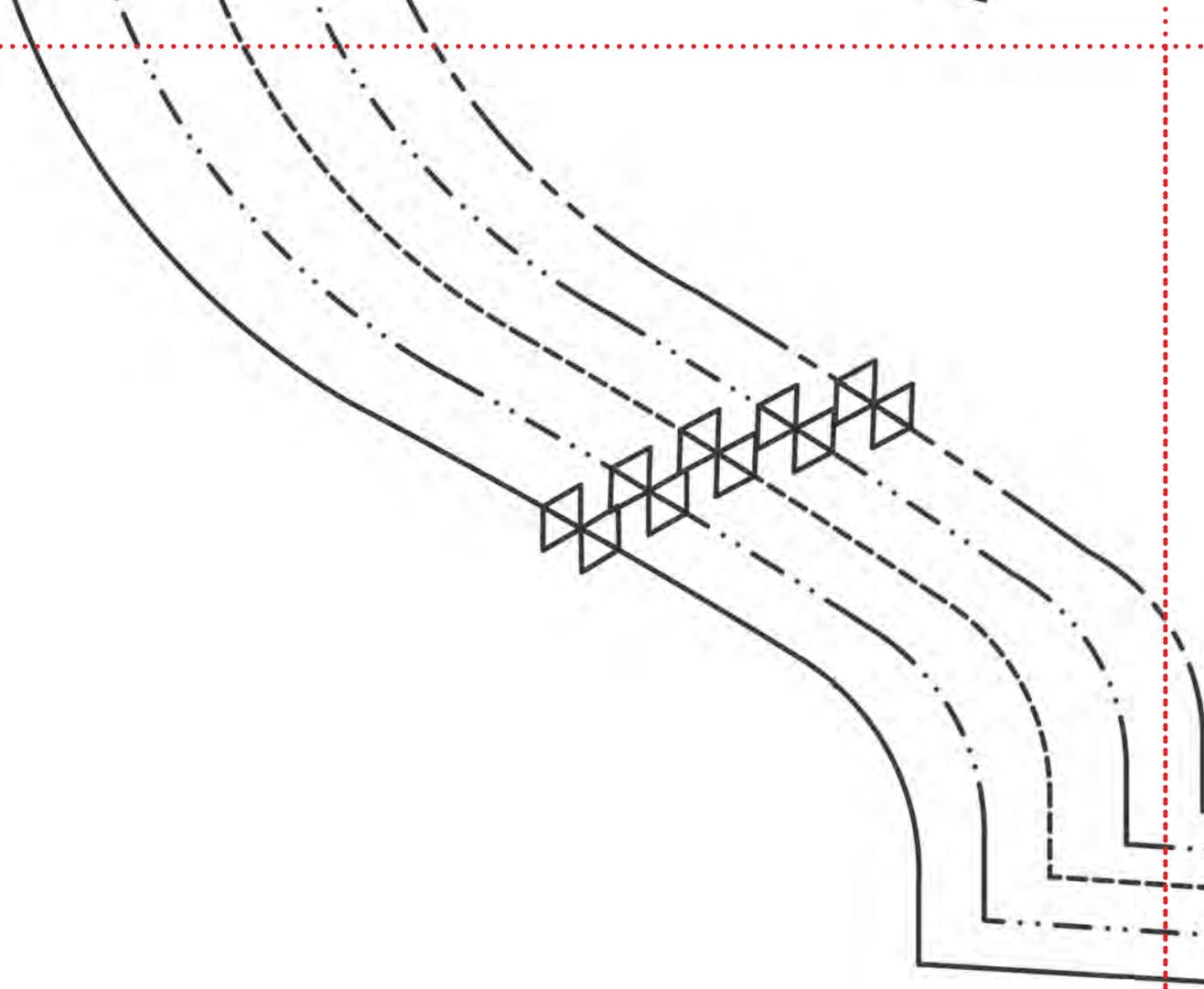
2d



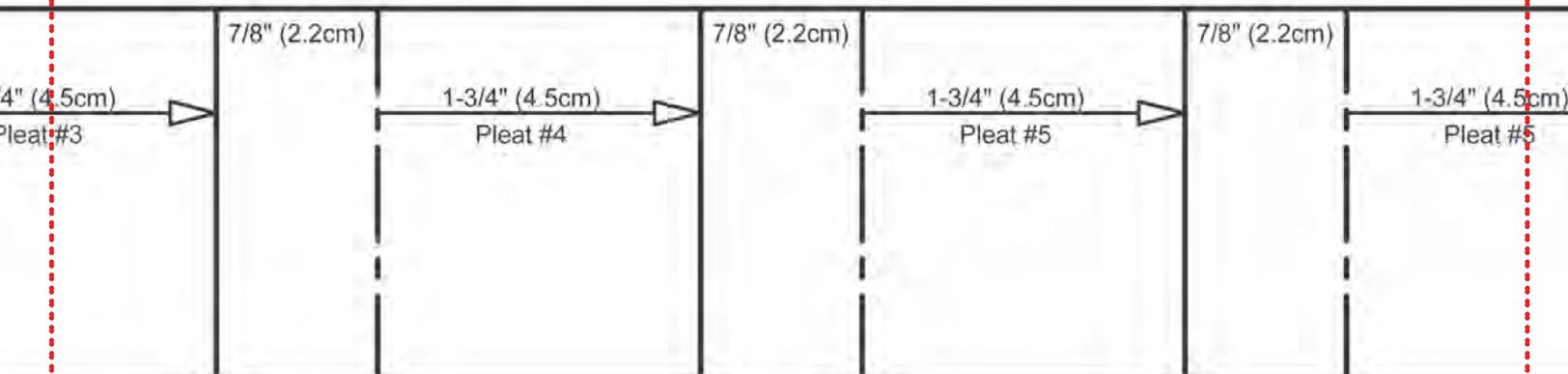
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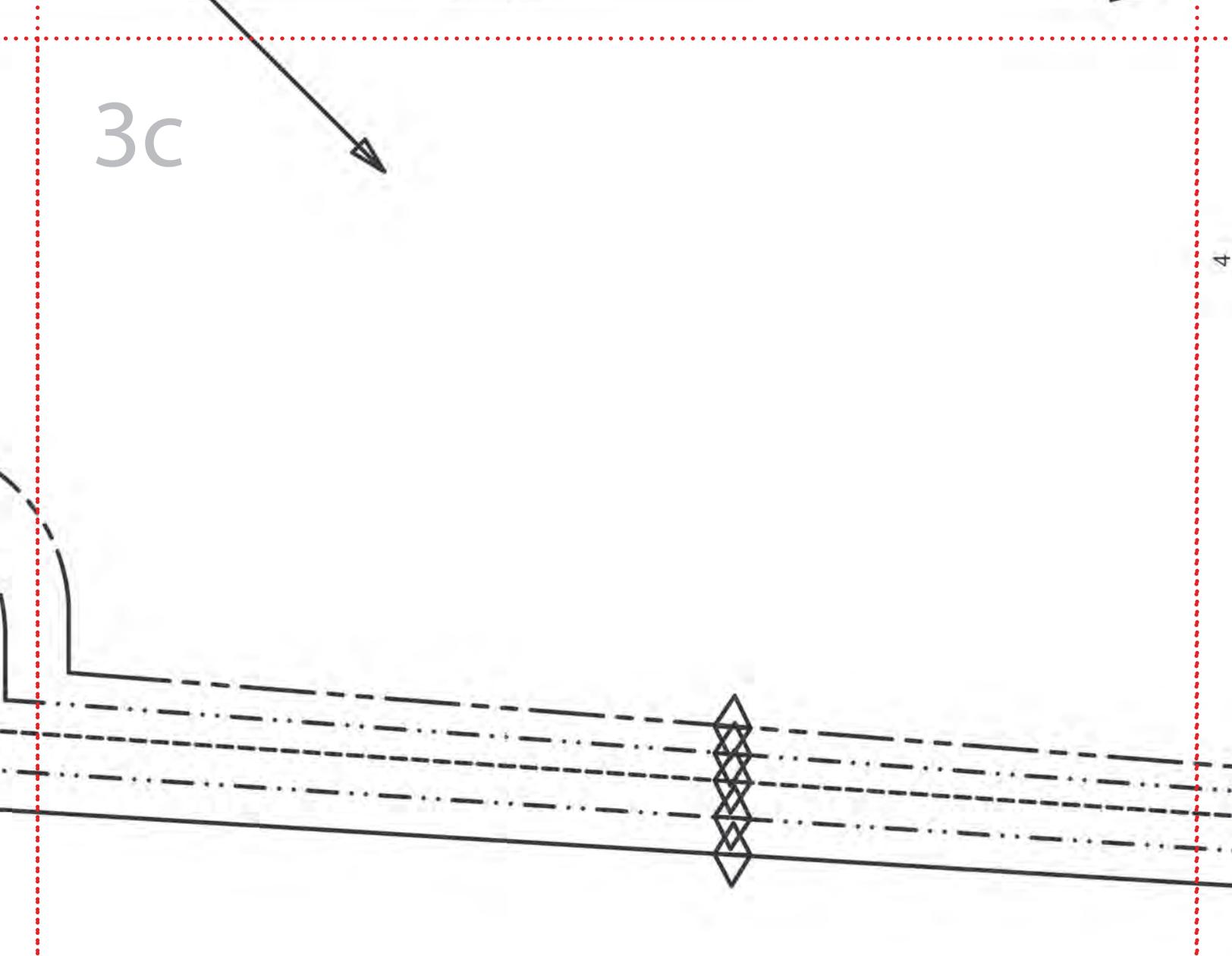
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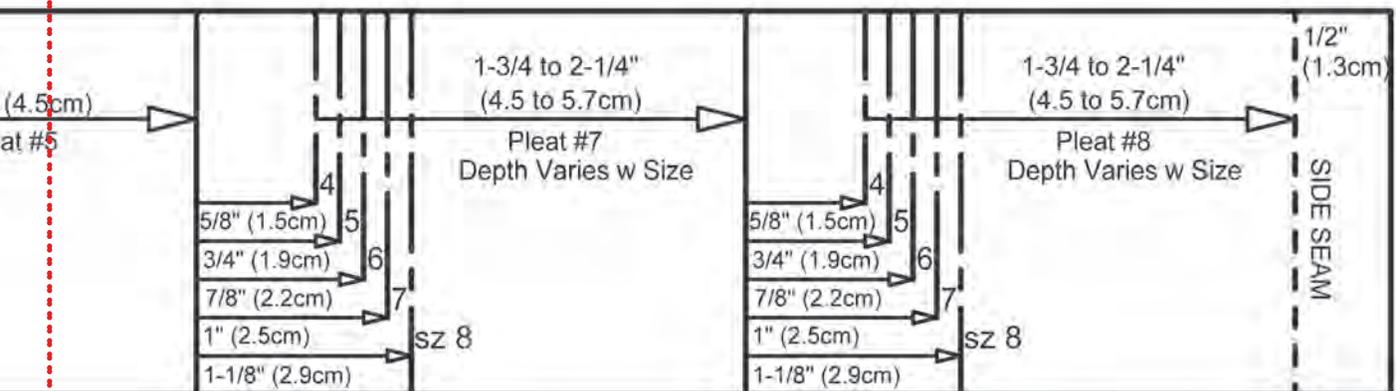
RIGHT FRONT PLEAT TEMPLATE - TEMPLATE IS 22" (55.9 cm) WIDE FROM CENTER FRONT TO SIDE



3c



SIDE SEAM



3d

